



Suite 1530, 715 – 5 Avenue S.W. Calgary, Alberta T2P 2X6
Phone: (403) 262-9558 Fax: (403) 262-8281
Webpage: www.yangarra.ca Email: info@yangarra.ca

For Immediate Release

Yangarra Grants Stock Options

March 31, 2014

Yangarra Resources Ltd. ("Yangarra" or the "Company") (TSX-V:YGR) announces stock option grant.

Yangarra announces it has granted officers and directors options to purchase 1,420,000 common shares at an exercise price of \$0.90 per share, pursuant to its stock option plan. All the options vest over three years and will expire on March 31, 2019.

For further information, please contact James Evaskevich, President and CEO at (403) 262-9558.

Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the Policies of the TSX Venture Exchange) accepts responsibility for the adequacy and accuracy of this release.