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Yangarra Releases Second Quarter Results

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Calgary, Alberta

Yangarra Resources Ltd. (“Yangarra” or “the Company”) (TSX Venture: “YAN”) announces it has released its unaudited interim consolidated financial statements and related management’s discussion and analysis for the second quarter ended June 30, 2008. The Company’s financial statements can be viewed on SEDAR www.sedar.com or the Company website www.yangarra.ca.

Selected highlights

- Income from oil and natural gas sales of an average 485 boe/d was \$2,661,004 for the three months ended June 30, 2008 as compared with \$2,104,060 on production of an average of 462 boe/d during the first three months ending March 31, 2008.
- Field netbacks increased to \$1,744,759 which earned an average field netback of \$39.56 per boe in the three months ended June 30, 2008 compared to \$1,427,515 and netbacks of \$33.94 per boe in the first three month of 2008.
- Cash flow from operations in the three months ended June 30, 2008 was \$1,214,745 providing a netback of \$27.53 per boe compared with \$944,104 and \$22.44 per boe in the first three months ending March 31, 2008.

The Company has reported a loss of \$1,076,877 for the second quarter of 2008 which includes a \$725,542 unrealized loss on commodity contracts for the mark-to-market value of unfulfilled contacts at June 30, 2008, in addition to other non-cash expenses such as stock-based compensation and depletion, depreciation and accretion.

In the Medicine Hat area, four wells were drilled in the second quarter of 2008. Subsequent to quarter end, two of the wells were completed as shallow wells and are on production. The other two wells are currently being completed. A total of 11 shallow wells and 3 deep well tests are surveyed for future drilling and 12 shallow well completions are planned prior to year end. In addition, a total of 42 sections of land (100% working interest) have been purchased since the start of the year in the Medicine Hat area.

In Jaslan, surveying is complete for the tie in of 6-33-68-20W4 (100% working interest) to Yangarra's Jaslan compressor station, with construction expected in late September 2008 and production to commence in October 2008. Two more locations have been surveyed in the pool and will be drilled after the performance of 6-33 well has been evaluated. A total of 8 sections of land (100% working interest) have been acquired in the area in 2008.

Management believes there is upside potential in both the Jaslan and Medicine Hat areas due to the Company's increased land base, potential prospects, and available capacity in both areas compression plants. Additional capital will be required to capitalize on these opportunities; consequently, Yangarra also announces it has engaged The Oil & Gas Asset Clearinghouse to act as agent to market the Ferrier area. The Ferrier property consists of approximately 34 sections of land (average working interest of 39%), and a 10 mmcf/d compression facility (50% working interest).

Yangarra is currently producing approximately 525 boe/d.

For further information, please contact Jim Evaskevich, President and CEO at (403) 262-9558.

ADVISORY REGARDING OIL EQUIVALENT CONVERSIONS

Natural gas has been converted to a barrel of oil equivalent (Boe) using 6,000 cubic feet (6 Mcf) of natural gas equal to one barrel of oil (6:1), unless otherwise stated. The Boe conversion ratio of 6 Mcf to 1 Bbl is based on an energy equivalency conversion method and does not represent a value equivalency; therefore Boe's may be misleading if used in isolation. References to natural gas liquids ("NGLs") in this news release include condensate, propane, butane and ethane and one barrel of NGLs is considered to be equivalent to one barrel of crude oil equivalent (Boe). One ("BCF") equals one billion cubic feet of natural gas. One ("Mmcf") equals one million cubic feet of natural gas.

ADVISORY REGARDING FORWARD-LOOKING STATEMENTS

Certain information regarding Yangarra set forth in this news release, including management's assessment of future plans, operations and operational results may constitute forward-looking statements under applicable securities law and necessarily involve risks associated with oil and gas exploration, production, marketing and transportation such as loss of market, volatility of prices, currency fluctuations, imprecision of reserves estimates, environmental risks, competition from other producers and ability to access sufficient capital from internal and external sources. As a consequence, actual results may differ materially from those anticipated in the forward-looking statements.

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