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For Immediate Release

Yangarra Announces Share Issuance

October 2, 2009

Yangarra Resources Ltd. (“Yangarra” or “the Company”) (TSX Venture: “YAN”) announces the Company has received TSX Venture Exchange Inc. approval for the issuance of common shares further to Yangarra’s press release dated June 19, 2009, in which the Company announced that pursuant to its senior lender terms of the renewed credit facility, the Company had entered into an agreement with its senior executive to receive his monthly salary in common shares of the Company. The Company has issued 756,000 common shares to James Evaskevich pursuant to the agreement relating to July, August, and September services. The common shares will be subject to a four month hold period.

For further information, please contact James Evaskevich, President at (403) 262-9558.

The TSX Venture Exchange Inc. has not reviewed and does not accept responsibility for the adequacy and accuracy of this release. Not for distribution in the United States of America or to U.S. persons.